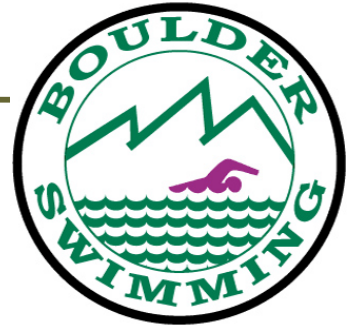


# Boulder Swimming



**Age Group Coach Kathy Shoemaker 303) 589-7794**

**Age Group Coach Nancy Richey 720) 936-SWIM (7946)**

**Website: [www.boulderswimteam.org](http://www.boulderswimteam.org)**

**Email: [coachkathy@boulderswimteam.org](mailto:coachkathy@boulderswimteam.org)**

## **Summer Minnows Program**

Boulder Swimming Summer Minnow's program is an entry-level group for our year round competitive swim team. The emphasis of the program is to establish a strong foundation of sound stroke technique, while introducing swimmers to basic competitive skills for future development in competitive swimming. The Minnows group is offered on a year-round basis. Continuation with Boulder Swimming beyond the summer months is encouraged. Swimmers must be 4 years old and able to swim 25 yards. Perfect technique is not a requirement. A high level of comfort in the water is more important. Consideration for participation is up to the discretion of the coaches. Summer Minnows is offered 2 days a week, according to the schedule that follows. Meet participation will be available and is optional. The cost of the summer program is \$235.

**The Summer Minnows Season begins June 8<sup>th</sup>, 2010.**

**Cost: \$225.00**

Includes:

- 7 weeks of instruction with a highly qualified coach
- USA swimming seasonal registration and insurance
- Boulder Swimming Silicone swim cap
- Speedo training fins

### **Schedule:**

Scott Carpenter Pool (located at 30<sup>th</sup> and Arapahoe Ave.)

June 8<sup>th</sup> – July 27<sup>th</sup>

Tuesdays and Thursdays: 4:00-4:45pm Swimmers age 8 & younger

Tuesdays and Thursdays: 5:15-6:00pm Swimmers age 9 & older

For more information please contact Coach Kathy Shoemaker at 303) 589-7794.

Download a registration packet at [www.boulderswimteam.org](http://www.boulderswimteam.org)

Bring your completed registration packet and check to meet the coach and pick up your fins and cap on Tuesday, June 8<sup>th</sup> between 3:45 and 4:00.